

TESTRESULTATEN

FYSIEK COORDINATIEF

| | | | Test | Test | Test | Test | |
|---|--------------------------|-------|------|------|------|------|--|
| | | | 1° | 2° | 3° | 4° | |
| 1 | Dribbelloop | sec | | | | | |
| 2 | Evenwicht linker voet | 30" | | | | | |
| | Evenwicht rechter voet | 30" | | | | | |
| 3 | T test loop R | | | | | | |
| | T test loop L | | | | | | |
| 4 | Sprongtest | 2 vtn | | | | | |
| | Sprongtest | L-vt | | | | | |
| | Sprongtest | R-vt | | | | | |
| 5 | Snelvoetenwerk 2 voetjes | 10" | | | | | |
| 6 | Startsnelheid | sec | | | | | |

